

$$\int_A y \, dA$$

$$A: x^2 + y^2 - y \leq \sqrt{x^2 + y^2}$$

$$\begin{cases} x = \rho \cos \theta \\ y = \rho \sin \theta \end{cases}$$

$$A: \rho^2 - \rho \sin \theta \leq \rho \xrightarrow{(p \geq 0)} \rho \leq 1 + \sin \theta$$

$$\int_A \rho \sin \theta \, dA = \int_0^{2\pi} \int_0^{1+\sin \theta} \rho \sin \theta \cdot \rho \, d\rho \, d\theta = \int_0^{2\pi} \int_0^{1+\sin \theta} \rho^2 \sin \theta \, d\rho \, d\theta =$$

$$= \int_0^{2\pi} \sin \theta \left[\frac{1}{3} \rho^3 \right]_0^{1+\sin \theta} d\theta = \frac{1}{3} \int_0^{2\pi} \sin \theta (1 + \sin \theta)^3 d\theta =$$

$$= \frac{1}{3} \int_0^{2\pi} \sin \theta d\theta + \frac{1}{3} \int_0^{2\pi} 3 \sin^2 \theta d\theta + \frac{1}{3} \int_0^{2\pi} 3 \sin^3 \theta d\theta + \frac{1}{3} \int_0^{2\pi} \sin^4 \theta d\theta$$

$$\int \sin^2 \theta d\theta = \frac{\theta}{2} - \frac{1}{4} \sin 2\theta + C \xrightarrow{\int_0^{2\pi}} \int_0^{2\pi} \sin^2 \theta d\theta = \pi$$

$$\int \sin^4 \theta d\theta = \int \sin^2 \theta (1 - \cos^2 \theta) d\theta = \int \sin^2 \theta d\theta - \int \sin^2 \theta \cos^2 \theta d\theta =$$

$$\int \sin^2 \theta \cos^2 \theta d\theta = \frac{1}{8} \int \sin^2 2\theta d(2\theta) = \frac{1}{8} \left(\frac{2\theta}{2} - \frac{1}{4} \sin(4\theta) \right) =$$

$$= \frac{\theta}{8} - \frac{1}{32} \sin 4\theta$$

$$\int \sin^4 \theta d\theta = \frac{3}{8} \theta - \frac{1}{4} \sin 2\theta + \frac{1}{32} \sin 4\theta + C \xrightarrow{\int_0^{2\pi}} \int_0^{2\pi} \sin^4 \theta d\theta = \frac{3\pi}{8}$$

$$\xrightarrow{\sim} \int y \, dA = \pi + \frac{\pi}{2} = \frac{3\pi}{2}$$

$$\int_A \sqrt{x^2+y^2} dA$$

$$A: x^2+y^2 \geq 1, x^2+y^2 \leq 2y$$

$$\begin{cases} x = \rho \cos \theta \\ y = \rho \sin \theta \end{cases}$$

$$A: \begin{cases} \rho^2 \geq 1 \\ \rho^2 \leq 2\rho \sin \theta \end{cases} \begin{cases} \rho \geq 1 \\ \rho \leq 2 \sin \theta \end{cases}$$

$$\leadsto 2 \sin \theta \geq 1 \quad \sin \theta \geq \frac{1}{2} \quad \leadsto \frac{\pi}{6} \leq \theta \leq \frac{5\pi}{6}$$

$$\begin{aligned} \int_A \sqrt{x^2+y^2} dA &= \int_A \rho dA = \int_{\frac{\pi}{6}}^{\frac{5\pi}{6}} \int_1^{2\sin \theta} \rho^2 d\rho d\theta = \frac{1}{3} \int_{\frac{\pi}{6}}^{\frac{5\pi}{6}} [\rho^3]_1^{2\sin \theta} d\theta = \\ &= \frac{1}{3} \int_{\frac{\pi}{6}}^{\frac{5\pi}{6}} (8\sin^3 \theta - 1) d\theta = \frac{8}{3} \int_{\frac{\pi}{6}}^{\frac{5\pi}{6}} \sin^3 \theta d\theta - \frac{1}{3} \int_{\frac{\pi}{6}}^{\frac{5\pi}{6}} d\theta \end{aligned}$$

$$\int \sin^3 \theta d\theta = - \int (1 - \cos^2 \theta) d(\cos \theta) = -\cos \theta + \frac{1}{3} \cos^3 \theta + C$$

$$\begin{aligned} \frac{8}{3} \int_{\frac{\pi}{6}}^{\frac{5\pi}{6}} \sin^3 \theta d\theta &= \frac{8}{3} \left[-\cos \theta + \frac{1}{3} \cos^3 \theta \right]_{\frac{\pi}{6}}^{\frac{5\pi}{6}} = \frac{8}{3} \left(\frac{\sqrt{3}}{2} - \frac{1}{3} \left(\frac{\sqrt{3}}{2} \right)^3 + \frac{\sqrt{3}}{2} - \frac{1}{3} \left(\frac{\sqrt{3}}{2} \right)^3 \right) = \\ &= \frac{8}{3} \left(\sqrt{3} - \frac{2}{3} \sqrt{3} \right) = \frac{8}{3} \cdot \frac{1}{3} \sqrt{3} = 2\sqrt{3} \end{aligned}$$

$$\frac{1}{3} \int_{\frac{\pi}{6}}^{\frac{5\pi}{6}} d\theta = \frac{1}{3} \left(\frac{5\pi}{6} - \frac{\pi}{6} \right) = \frac{1}{3} \cdot \frac{2\pi}{3} = \frac{2\pi}{9}$$

$$\leadsto \int \sqrt{x^2+y^2} dA = 2\sqrt{3} - \frac{2\pi}{9}$$